Getting Ready for the Future:

Helping Students with Disabilities

Parents- did you know that there are special plans to help students with disabilities get ready for life after high school? This includes getting ready for more school, finding a job, and living on their own.

What's it All About?

Students with disabilities can be prepared for life after high school if they get the right mix of help, learning, and support.

There's something called a "postsecondary transition plan." This is a special plan to help students with disabilities prepare for their future.



High Hopes Lead to Great Achievements

- 1 If your student has a plan called an "Individualized Education Program" (or IEP for short) and are 14 or older, they will have a postsecondary transition plan.
- This plan is like a map. It shows the best way to help your student reach their dreams for when they are an adult.

How Do We Make This Plan?

- 1. Getting to Know the student: We start by understanding more about the student
- 2. Dream Big: The student will set goals for what they want to do after high school.
- 3. Make a Plan: We figure out what the student needs to do to reach these goals.
 This could be certain classes, activities, or other types of support.
- 4. Step by Step: We'll have smaller goals every year to help the student get there.
- **5.** Teamwork: Many different people and resources support the student.

The Student is the Star!

Remember, the student is the main person in this process. It's all about supporting the student and their plans for the future!

Let's Do this Together!

If we all work together and plan well, we can make moving into adulthood an exciting journey for students with disabilities and their families.



Questions?

If you want to know more or start planning, just talk to the special education teacher at your school.

For more information you can also reach out to: info@utahparentcenter.org

Produced by the Utah PTA Special Needs Committee in collaboration with the following:

















