

# Rules of the Ride

Learn the hand signals that should be used to alert drivers and fellow wheeled sport riders of your actions:



## Left Turn

*Extend your left arm out straight from your side.*



## Right Turn

*Extend your left arm out from your side, bent at a 90-degree angle at the elbow, hand pointing upward and the palm of your hand facing forward.*



*Another option is to put your right arm straight out from your side.*



## Stopping or slowing

*Extend your left arm out from your side, bent at a 90-degree angle at the elbow, hand pointing downward and the palm of your hand facing backward.*