



## PTA REFLECTIONS PROGRAM supports students with disabilities

Have you heard of the National PTA Reflections Program?

Have you ever thought about entering?

This is a great opportunity for all students to participate, **including students with disabilities.**

### What is Reflections?

National PTA Reflections is an arts program which invites students from all grades and abilities to explore and be involved in the arts. Students create original works of art based on a common theme for the year. Students can receive awards and can advance from the local (school) PTA level to Council, Region, State and even National PTA to be recognized.

### 2024-2025 Reflections Theme: **Accepting Imperfection**

### 2025-2026 Reflections Theme: **I Belong**

### When should I start working on my entry and when is it due?

You can start working on your entry **now**. Deadlines are set by individual schools. Most schools choose a due date in the first two weeks of October. To find out the deadline for your school, contact your local PTA President. Call the school to get their contact information.

### How do I get started on an entry?

Go to the “Reflections Info for Parents” button on the Utah PTA website for rules & information, etc.

Find it here: <https://www.utahpta.org/reflections-information-parents>

Or go to [utahpta.org](http://utahpta.org) > Programs > Reflections > Reflections info for parents

### What are the categories for entries?



**What are the Divisions?** \*Primary (preschool-grade 2) \*Intermediate (grades 3-5) \*Middle school (grades 6-8)  
\*High school (grades 9-12) \*Accessible Arts

### What is the Accessible Arts Division?

The Accessible Arts Division is an **option** for students who have a disability. This division allows students to have the opportunity and accommodations they may need to participate fully in the program. The Accessible Arts Division offers modified rules and guidelines and also allows for some accommodations. Proof of disability is not required.

### Which Division should I enter?

Students with disabilities may choose to **either** enter in a grade level Division or enter in the Accessible Arts Division.

### Who should I contact with questions?

Contact the Utah PTA Reflections Specialist at [reflections@utahpta.org](mailto:reflections@utahpta.org)

## How do I know if my school does Reflections?

Over 450 PTA schools in Utah participate in Reflections each year. To find out if your school has a PTA and is hosting Reflections, contact the state Reflections Specialist at [Reflections@utahpta.org](mailto:Reflections@utahpta.org)

## How are Accessible Arts division entries judged differently?

Entries submitted in the Accessible Arts division are judged against other entries entered in the Accessible Arts division/ Entries entered in grade divisions are judged against other entries entered in the same grade divisions. Accessible Arts division entries will never be judged against grade division entries. Winning entries will be awarded by arts category and division.

## Accessible Arts Guidelines:

Students should follow the general rules and arts category guidelines specific to their submissions, modified only by accommodations for individuals with disabilities. The accommodation, in general, should be both specific and limited to the student's disability.

## Allowable Accommodations:

Given the diverse range of physical and mental disabilities that exist, it would be impossible to outline specific accommodations for each and every disability, but the following provides a non-exhaustive list of allowable accommodations:

- The Accessible Arts division will not be divided by age or traditional school grade level.
- Use of adaptive technology is allowed.
- All submissions must be solely created by the artist. However, a parent, teacher, or other adult may assist the artist with typing, holding a camera, etc.

## Accommodations that are Not Allowed:

Individuals providing assistance to student artists may not, in any way, involve themselves in the actual artistic process by:

- Personally selecting a title for artwork.
- Writing, editing, or interpreting a student's artist statement, story, poetry, or script.
- Choreographing a dance, composing music, or writing lyrics.
- Drawing, painting, or personally creating a visual arts submission, choosing a camera angle, etc.



**All participants must also follow Official Rules for Participation**  
**<https://www.utahpta.org/reflections-rules-category-faqs>**