

The Five Safeguards

- 1** Carefully determine what technology you will allow & keep in your home
- 2** Keep devices in public areas of the home
- 3** Establish a curfew or time limit for devices
- 4** Filter & limit access to devices
- 5** Regularly monitor & discuss device activity



Additional Resources

1. parentalcontrolsapps.com
2. bewebmart.com
3. connectsafely.org