



WHAT IS YOUTHLINC?

Youthlinc is a Utah-based 501(c)3 nonprofit organization dedicated to creating lifetime humanitarians by offering **high school and college students** meaningful, hands-on local and international service experiences.

WHAT IS REAL LIFE?

Real Life is one of four core Youthlinc programs. Started in February 2010, Real Life is an after school tutoring and life skills peer mentoring program for teenagers with refugee or immigrant status. Real Life partners with Promise South Salt Lake, Catholic Community Services, Salt Lake City School District, and the Asian Association of Utah. During the 2015-2016 school year, **Real Life directly served 400 low-socioeconomic refugee and immigrant teens** at eight centers in Utah.

WHAT DOES REAL LIFE DO?

Real Life teaches applicable life skills curriculum in a fun, constructive environment. Real Life curriculum includes:

- Financial literacy
- Nutrition and healthy lifestyle
- Civic engagement and community service
- Art expression
- Job and college readiness
- Conflict resolution and social skills
- Cultural exchange
- Communication strategies, including English language practice

FEW PROGRAMS FOCUS ON REFUGEE TEENS, THOUGH THE POPULATION IS HIGH RISK

This demographic suffers from high drop-out levels, gang involvement, and the risk of involvement in practices that are detrimental to personal and social development. Refugee youth face a barrage of language, cultural, economic, and educational barriers. Few programs are designed to meet these challenges.

THE REAL LIFE PROGRAM PROVIDES UNIQUE LEADERSHIP OPPORTUNITIES FOR UTAH YOUTH

Youthlinc Service Year student volunteers work with trained interns to design and implement educationally sound lessons and activities. They are mentored by the Youthlinc Real Life Program Director. Real Life volunteers contribute between 40-80 hours each to the program during the school year. Interns dedicate 200 hours each, overseeing lessons and activities, creating lessons, teaching, and helping all involved students develop life and leadership skills.

OPPORTUNITIES TO SUPPORT REAL LIFE

- Youthlinc provides high quality programming to at-risk teens, our peer mentors are trained and invested. Our overhead is low. We **actively partner with other community organizations** to make services as targeted as possible for the **best value**. We make Utah communities more inclusive.
- Youthlinc is an **independently audited 501c3 nonprofit** with the highest rating from Guidestar. A Youthlinc partnership is mutually beneficial. We provide recognition in our promotional materials and website, and encourage donor employees to volunteer with us.

For more information about how you can support Real Life, please contact Shelly Burningham, Real Life Program Director, @ 801-467-4417 or shelly@youthlinc.org