

**PREVENTIVE CHILD HEALTH CARE - PHYSICAL EXAMS**

- WHEREAS, The American Academy of Pediatrics recommends physical examinations in grades K, 3, 7, and 10; and
- WHEREAS, Many physical disorders could be detected and treated earlier through regular physical examinations; and
- WHEREAS, Many school districts have eliminated or relaxed policy requirements for physical exams; and
- WHEREAS, Most local health departments offer physical exams at a reasonable cost based on a sliding scale adjusted for ability to pay; now, therefore, be it
- Resolved, That Utah PTA encourage the adoption of state and local board of education policies that require physical exams prior to grades K and 7, and encourage additional exams in grades 3 and 10; and be it further
- Resolved, That Utah PTA recommend that these exams include screenings for disorders such as eye and hearing impairment, scoliosis, and growth hormone disorders in addition to testing normally included in these exams; and be it further
- Resolved, That Utah PTA work with the medical community to educate physicians on early detection of these and other childhood and adolescent physical disorders; and be it further
- Resolved, That Utah PTA and its local units educate parents about childhood disorders, the need for regular physical examinations, and local resources that can provide these services at an affordable cost; and be it further
- Resolved, That Utah PTA and its local units work with state and local health departments to ensure that resources are available within the various communities in Utah to provide the services sought under this resolution.